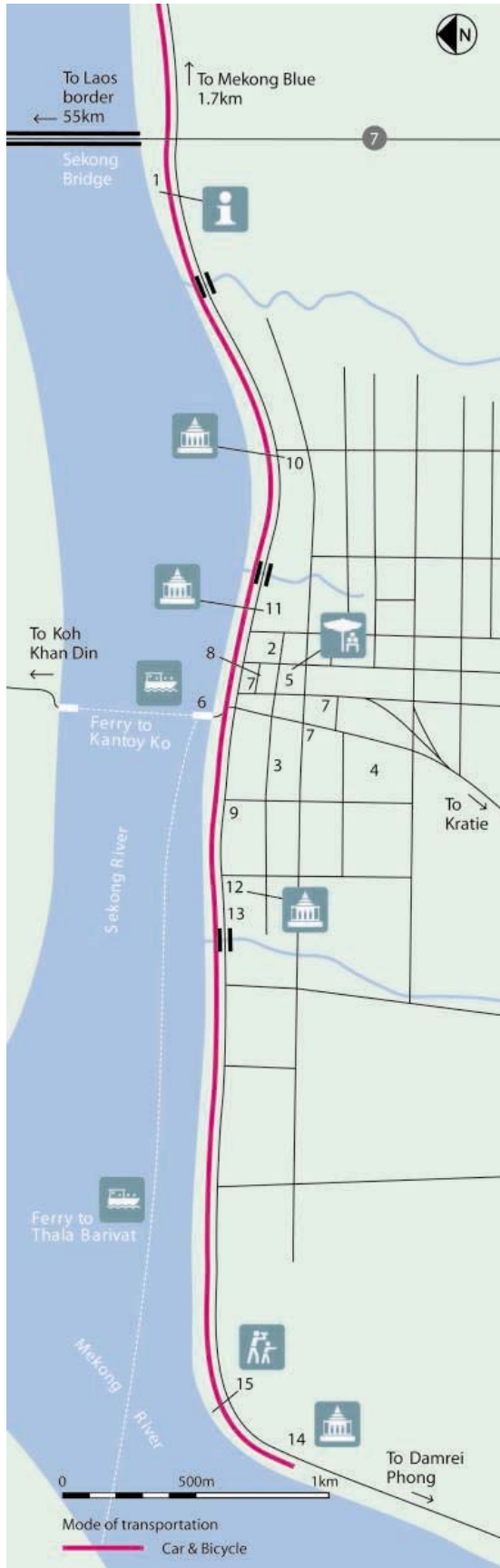


Stung Treng Town Trail



The Trail

Stung Treng's ancient history reflects its position at the junction of two major river highways – the Mekong & Sekong Rivers; and its border with Laos. Formerly called *Xieng Teng*, Stung Treng province was first a part of the Khmer Empire, then the Lao kingdom of *Lan Xang* and *Champassack* before seceding back to Cambodia during the French Indochina period.

Distance: 7 km return

Transport Option:



Trekking



Local bike

Tour Brief:

A half day trip around Stung Treng town. Start early morning at the local market and time your trip for lunch at Mekong Blue (call beforehand if possible).

Highlights

- Bustling Stung Treng waterfront
- Handmade silk products
- Major river junction
- Tour of silk farm and weaving centre



Around Town

- 1 Tourist Information Center
- 2 Bank and Western Union
- 3 Hospital
- 4 Post Office
- 5 Stung Treng Market
- 6 Town Pier
- 7 Bus Departures
- 8 Bicycle Hire

- 9 Governor's Office
- 10 Wat Sras Keo Mony Sovann
- 11 Wat Khan Takyaram
- 12 Wat Por Thik Nean
- 13 Tourism For Help Guesthouse
- 14 Wat Thorm Raing Sey
- 15 Sun Set viewing Area



Contacts

Local bicycle/motorbike hire

River Side Guesthouse
Tel: 012 490 333 / 012 447 775
(*Khmer speaking*)

Mountain bike rental

Xplore-Asia
Tel: 023 218 810 (Phnom Penh)
074 973 991 (Stung Treng)
017 982 644 (Kratie)
(*English speaking*)

Stung Treng Women's Development Centre and Mekong Blue

Tel: 074 973 977 / 012 622 096
(*English speaking*)

Itinerary

Start in the early morning when its coolest. Organize your bicycle hire from a local hotel or guesthouse. Start from the western side of Stung Treng town at Wat Thorm Raing Sey (this Wat is also an ideal location for a glorious sunset) to begin a Wat to Wat journey. Continue east along the Mekong River bank until you arrive at Wat Por Thik Nean then carry on to the town's pier. Stop for a while here to observe a queue of people to and from Stung Treng town and the bustling market.

Within walking distance from the town pier, you can see the Stung Treng market - a lively place that sells goods from Cambodia, Laos, and Vietnam. One of the famous cuisines found at the market is *Nhem* (pickled fish in banana leaf). You will also see a diversity of fish on sale straight from the Mekong River, with *Si Yi* being the most famous fish of north-east Cambodia. These fish only live in the Mekong River between Stung Treng and the Cambodia-Laos border.

Resume your journey east again and you will come to the ornately painted Wat Khat Takyaram (or Wat Kandal). Your last Wat on this trail is Wat Sras Keo Mony Sovann. Keep continuing east along the riverbank under the newly constructed Sekong Bridge.

Try to time your trip so that you can have lunch at Mekong Blue (it best to call beforehand, if possible). It is a 1.7km ride east of the town on the left-hand side. Take a guided tour through the Mekong Blue mulberry farm and weaving centre, where Stung Treng's more vulnerable women are trained in the art of the silk process.

